

EAR, NOSE, AND THROAT ASSOCIATES OF GADSDEN, P.A.  
515 SOUTH THIRD STREET  
P.O. BOX 648  
GADSDEN, ALABAMA 35902  
256-547-4971

ANDREW M. BROWN, M.D.  
1.800.872.7304

GENERAL OTOLARYNGOLOGY  
ALLERGY

## Guidelines for Allergy Testing

1. Please refrain from wearing perfume/colognes, scented body lotions, after shave, hair sprays, clothes washed in Gain detergent, or anything that may have a strong scent to it due to allergic reactions to other patients from these chemicals from these chemicals.
2. Please do not enter our office after smoking or being in a car with someone who smokes.
3. Bring or wear short sleeve shirt with you on the day of testing.
4. DO NOT take any medicine that may contain **Anti-Histamines, Bropheniramines, Chlorpheniramines, Diphenhydramines, or Triprolidine Hydrochloride**, or states, **Allergies, Colds, Nighttime**, or **PM, FOUR** days prior to testing, as a correct test result may not be obtained. Some medications take longer than four days to get out of your system. Please check the medicine list on the back of this paper or call your pharmacist if you are unsure of your medication.
5. No eating or drinking is permitted during testing. Please eat before you arrive for testing. Water is permitted.
6. Please contact the office and ask for the Allergy Lab, at 547-4971 or 1-800-872-7304, to schedule ALL allergy testing.  
(Except for 1<sup>st</sup> office visit)

*\*Lab only patients please sign in at the front desk then report to the Allergy lab for your testing.*

(OVER)

# **IMPORTANT – Read First!!**

## **Office Policy**

To: New and established patients:

Since our allergy office tests patients for **CHEMICALS**, we ask that you do not wear any **perfume, cologne, body lotion, strong deodorant, hair spray, after shave**, use **Gain detergent**, or **smoke** in the car on the way to the office on the day of your appointment. Use of **All free, Tide free, Bounce free, and Downey free** is highly **recommended** to use to get **ALL** scents out of clothing. Using scented products can cause allergy patients to have an **adverse reaction**. Many of our patients come from out of town and this can and has in the past **ruined their whole day of testing!** Please help us keep our office allergy free from these substances by complying with our office policies.

Thank You